



#### Introduction

**U.S. News and World Report** 

**33°: 100 best jobs** 

8°: health sector

**Dentistry** 

#### **Oral and Maxillofacial Surgeon**

#1 in Best-Paying Jobs (tie)

From repairing cleft lips and palates to taking care of impacted teeth, oral and maxillofacial surgeons operate specifically on the mouth, jaws, teeth, gums, neck and head. Read More »

Projected Jobs

200

Median Salary \$239,200

Education Needed

Doctorate

https://money.usnews.com/careers/best-jobs/rankings/best-paying-jobs

#### **Ergonomics and Dentistry**



Viratelle et al., 2022 / DOI: 10.1111/eje.12843





Viratelle et al., 2022 / https://www.dentalis.com.br/blog/933-2/

#### Top three health risks:

- 1. Exposure to disease and infections: 95
- 2. Exposure to radiation: 85
- 3. Time spent sitting: 82

https://www.businessinsider.com/most-unhealthy-jobs-in-america-2017-4#1-dental-hygienists-47

Pain	Adult population	Dentists
Neck	14%	67 - 85%
Back	27%	65 - 93%

https://www.fdiworlddental.org/sites/default/files/2021-04/FDI\_HSDW\_ergonomics\_and\_posture\_guidelines\_eng\_2021.pdf



Dentists and dental students in Pain.

\$200Bi

Economic Impact

64%

Minimum Affected

93%

Experience Pain



## Careers Cut Short. Patient Care at Risk.



Early Pain

Starts during training



Chronic Issues

Reduced work ability



Early Retirement

Skilled professionals lost



Care Shortage

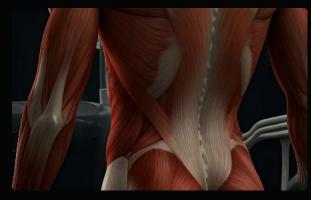
Threatens dental access

#### The Bend. The Strain. The Core Problem.



Neck Flexion

Forward bending for oral cavity view



Lower Back Strain



Awkward Positioning

Viratelle et al., 2022 / https://www.dentalis.com.br/blog/933-2/

## Blind Spots in Assessment. Missing the Full Picture.

Subjective Observation

Varies between individuals

Static Measurement

Misses dynamic movements

Underestimated Risk

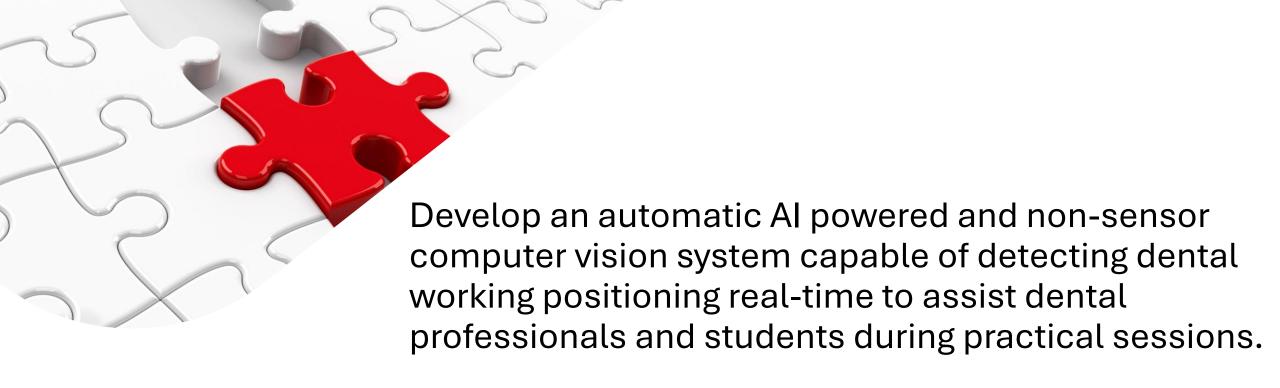
Fails to capture true danger





# Al Sees What Eyes Can't. Precision Ergonomics.

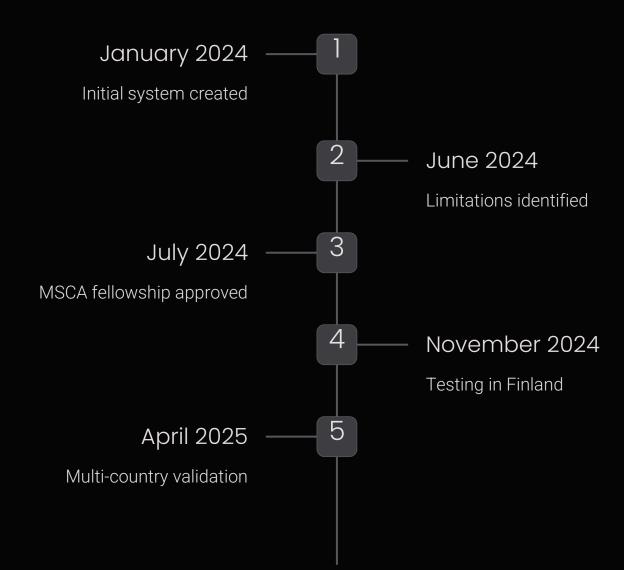




Aim

## Methodology

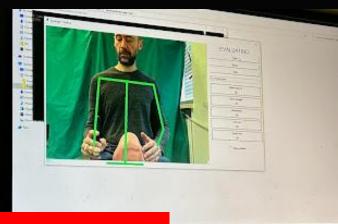
Semester	1	2	3	4	5	6
Settlement						
System Video capturing						
Ethical clearance						
Al programming						
Working protocol						
Al Training						
Participants selection and Video recordings						
Data collection and analysis						
Literature study and review						
public engagement and dissemination activities						
Oral communications in international conferences, seminars and symposium						
Writing and submission of research results to peer-reviewed journals						





January 2024 — 1
Initial system created





July

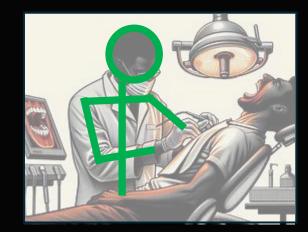
MSCA fellowship ar

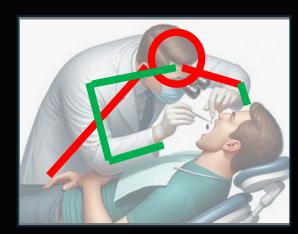
Imprecise
Could not see 3D movements
properly
joint detection was not good

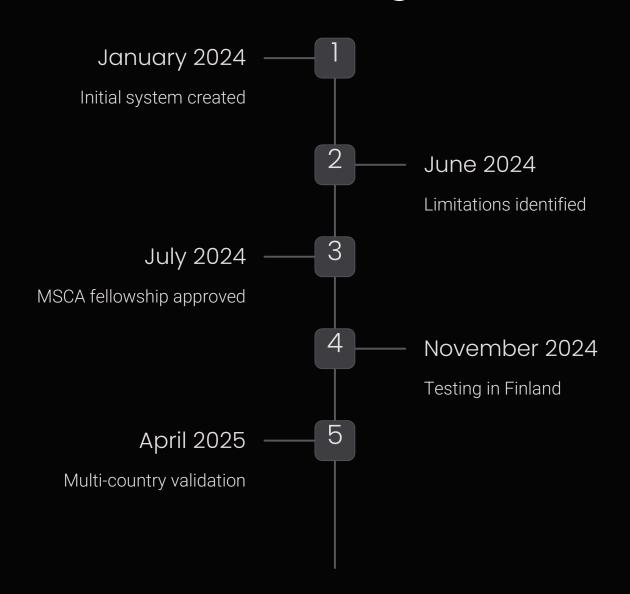
Testing in Finland

April 2025 — 5

Multi-country validation







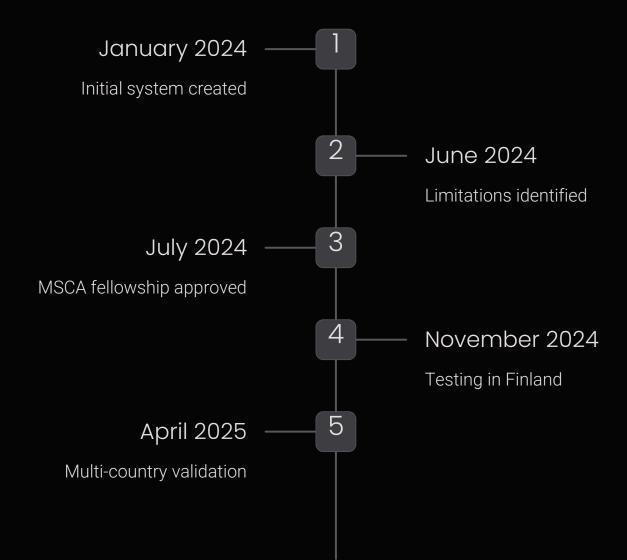














#### Università degli Studi di Brescia

46,754 followers 3w ⋅ ⑤

Ieri, presso il Salone Apollo del Rettorato, si è tenuta l'edizione 2025 del contest "My 3-minute PhD Thesis". L'evento ha coinvolto sei dottorandi ...more

#### Show translation



## CENHAL CUDDBOOLBOOARHIO



# CCROS DUBLICA RUBBANINDOS CRUS DE CONTROL CONTROL DE CONTROL CONTROL

# Global Validation. Data-Driven Confidence.

5 Teachers

Experienced dental educators

5 Working Sessions

20 minutes each, structured protocol

**Deliberate Posture Variation** 

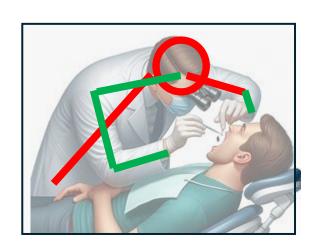
Correct vs. incorrect positioning

Comprehensive Analysis

Personalized reports and feedback

#### Limitations

- obstruction of the joints
- number of positions
- changes in position during movement
- variations, dimensions of the operator
- working time / work time
- hand position
- camera positioning
- costs...





#### Idea, MVP, Tests!

Correct angulation knowledge



#### Improved system

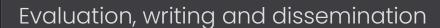
Practical experience integration



Literature, IT, Physiotherapist and dental nurse Input

Correct angulation AI instructed.

Dental Teachers / International Collaboration / testing
Practical experience integration / Spain, UAE, Italy, Finland



Tests, Public engagement, Scientific dissemination



Conclusion

## Methodology

1	2	3	4	5	6

## Ongoing Methodology

Semester	1	2	3	4	5	6
Settlement						
System Video capturing						
Al programming						
Working protocol						
Al Training						
Participants selection and Video recordings						
Data collection and analysis						
Literature study and review						
public engagement and dissemination activities						
Oral communications in international conferences, seminars and symposium						
Writing and submission of research results to peer-reviewed journals						

#### Al see Your Posture. You Own Your Health.



Real-time feedback empowers immediate correction

Comprehensive reports identify patterns

Data-driven insights for lasting change

